The book was found

The Seat Of The Soul: 25th Anniversary Edition With A Study Guide





Synopsis

A foreword by Oprah Winfrey and a preface by Maya Angelou update the twenty-fifth anniversary edition of the #1 New York Times bestselling classic of the New Age category, along with a new introduction by the author, a discussion group guide, and website links for deeper study. With the same extraordinary skill that he used to demystify scientific abstraction and the new physics, Gary Zukay, the award-winning author of The Dancing Wu Li Masters, here takes us on a brilliant and penetrating exploration of the new phase of evolution we have now entered. With lucidity and elegance, Zukav explains that we are evolving from a species that pursues power based upon the perceptions of the five senses -- external power -- into a species that pursues authentic power -power that is based upon the perceptions and values of the spirit. He shows how the pursuit of external power has produced our survival-of-the-fittest understanding of evolution, generated conflict between lovers, communities, and superpowers, and brought us to the edge of destruction. Using his scientist's eye and philosopher's heart, Zukav shows how infusing the activities of life with reverence, compassion, and trust makes them come alive with meaning and purpose. He illustrates how the emerging values of the spirit are changing marriages into spiritual partnerships, psychology into spiritual psychology, and transforming our everyday lives. The Seat of the Soul describes the remarkable journey to the spirit that each of us is on.

Book Information

Paperback: 384 pages Publisher: Simon & Schuster; Anniversary edition (March 11, 2014) Language: English ISBN-10: 147675540X ISBN-13: 978-1476755403 Product Dimensions: 5.5 x 1.2 x 8.2 inches Shipping Weight: 1.1 pounds (View shipping rates and policies) Average Customer Review: 4.1 out of 5 stars Â See all reviews (1,011 customer reviews) Best Sellers Rank: #9,919 in Books (See Top 100 in Books) #48 in Books > Religion & Spirituality > New Age & Spirituality > New Thought #86 in Books > Self-Help > Spiritual #416 in Books > Self-Help > Personal Transformation

Customer Reviews

It's amazing the divergent opinions one gets from reading the reviews of this book. It's also amazing, at least for me, how a second reading can completely change the way I feel about a book.

When I read 'The Seat of the Soul' the first time I was completely turned off by the absolutism that is very apparent on many pages of the book. Yet a second reading changed my opinion of this book dramatically. I will cover the positive, and then the negative. One other point I want to make up front - for those who seek 'scientific proof' for spiritual concepts, I am afraid there isn't any under the current scientific model. I read this in many of the reviews. I believe that Mr. Zukav defines what he intends to cover in the book very well from the outset, which is how to transform oneself from a five-sensory physical being to a multi-sensory 'spirit in a body.' I believe that he also explains what one can achieve in that transformation, which he calls 'authentic power,' remarkably well. Starting from evolution, which he asks us to see as souls experiencing multiple lifetimes rather than survival of the fittest physical beings, Zukav does rehash the basic teachings from Eastern religion, such as karma and reincarnation, but with precision and clarity. His insights are not really new, but they are of reference-level quality - if you should ever meet a person who starts to ponder certain aspects of the soul and were thinking of recommending one book, 'The Seat of the Soul' would be one to consider, for sure. I liked his using the evolution of science as a metaphor for the evolution of our (hopefully) attaining spiritual consciousness as a species, found on p. 67.

Download to continue reading...

The Seat of the Soul: 25th Anniversary Edition with a Study Guide Tao Te Ching, 25th-Anniversary Edition (English and Mandarin Chinese Edition) Hershel and the Hanukkah Goblins: 25th Anniversary Edition Windows on the World Complete Wine Course: 25th Anniversary Edition (Kevin Zraly's Complete Wine Course) Resident Aliens: Life in the Christian Colony (Expanded 25th Anniversary Edition) The Three Pillars of Zen, 25th Anniversary Updated and Revised Edition Servant Leadership: A Journey into the Nature of Legitimate Power and Greatness 25th Anniversary Edition Mindfulness, 25th anniversary edition (A Merloyd Lawrence Book) People Weekly: Great Cover Subjects: A 25th Anniversary Celebration Uncle John's Fully Loaded 25th Anniversary Bathroom Reader (Uncle John's Bathroom Reader) Battletech, 25th Anniversary Introductory Box Set Soul Mates & Twin Flames: Discover a Timeless Love, Fulfill Your Soul's Purpose, and Experience a Higher Level of Love (Soul Mates, Twin Flames, Karmic ... Spirits, Endless Love, Spiritual Partner) The Complete Guide to Hunter Seat Training, Showing, and Judging: On the Flat and Over Fences Chair Caning and Seat Weaving: Storey Country Wisdom Bulletin A-16 Silent Scream: An edge of your seat serial killer thriller (Detective Kim Stone crime thriller series Book 1) Bear in the Back Seat I and II: Adventures of a Wildlife Ranger in the Great Smoky Mountains National Park: Boxed Set: Smokies Wildlife Ranger Book 3 Rhubarb in the Catbird Seat The Guy on the Left: Sports Stories from the Best Seat in the House Confessions of a Baseball Purist: Whats

Right and Wrong with Baseball As Seen from the Best Seat in the House Care of the Soul Twenty-fifth Anniversary Edition: A Guide for Cultivating Depth and Sacredness in Everyday Life <u>Dmca</u>